



2024-2025

Members Handbook

www.beausejournskatingclub.com

Email: beausejournskatingclub@gmail.com



The Beausejour Skating Club

Welcome to the Beausejour Skating Club! If you are a new member, we thank you for joining, and if you are a returning member, we are glad to have you back! We hope that everyone enjoys this skating season!

In this handbook, we provide you with the information you will need regarding our skating club and its programs. We are a member of Skate Canada – Manitoba operating under their guidelines and regulations. We follow the Skate Canada – CanSkate and STARSkate programs, with the instruction from NCCP certified coaches and trained Program Assistants.

The Beausejour Skating Club is a non-profit organization, providing skating lessons for children, teens and adults living in the Eastman Region. The club is run by parent volunteers and willingly accepts help from all members and welcomes any suggestions and ideas.

Please feel free to contact an Executive Member or our Coaches at any time with any question or concerns!

Happy Skating!!

Contact Information

Head Coach – Sarah Murkin-Debeuckelaere

Email: coach_skating@hotmail.com

Coach – Sybil Carello

Email: loopsandbrackets@gmail.com

Club Email: beausejurskatingclub@gmail.com

Club Website: www.beausejurskatingclub.com

Facebook: <https://www.facebook.com/Beausejour-Skating-Club-2206731549604948/>

Executive

The club executive is elected at the BSC Annual General Meeting. The executive is responsible for organizing and managing club affairs for the year. The executive for 2023-2024 season consists of:

Title	Name	Email
President	Pam Schirle	pamschirle@gmail.com
Vice-President	Vacant	
Treasurer	David Roy	david.roy@live.com
Secretary	Morgan Roy	morganroy@live.ca
Assessment Coordinator	Michelle LaChance	mlymych1@yahoo.com
Director of Registration	Andrea Swain	bsc_registrar@outlook.com
Director of Fundraising	Vacant	
Director of Ice Show	Aimee Epp	aimee.e.benjamin@gmail.com
Director of Marketing	Santana Boulet	santanaboulet@gmail.com
Director of Canskate	Vacant	
Director at Large	Vacant	
Professional Coaches	Sarah Murkin-Debeuckelaere	coach_skating@hotmail.com

Representation

We are always looking for club members to participate at the meetings or join the Skating Executive. We meet once a month. If you are interested in attending a meeting or getting more information about the club executive, simply contact any one of the members listed above and we would be happy to discuss what interests you!!

BSC Program Information 2024-25

CanSkate

SunGro Beausejour

Friday	4:15-5:00 pm
Sunday	10:30 -11:15 am

What is CanSkate?

CanSkate is a “learn to skate” program. The fundamentals of skating are taught to prepare skaters for various sports including, STARSkate program, CanPowerSkate, Hockey, Ringette or for a lifetime of recreational skating.

CanSkate Objectives

- To provide basic skating instruction in a group situation.
- To introduce skaters to the fundamentals of movements of skating in a safe, fun environment.
- To develop balance, coordination and rhythm through music.
- To enable skaters to move through the Skate Canada system smoothly.
- To encourage lifelong participation in skating.
- To promote physical fitness.

Additional CanSkate information

Is your child ready for CanSkate?

There is no minimum age requirement and each child is different however, the Beausejour Skate Club has the criteria to help you decide if your child is ready:

- The ability to understand simple instructions and follow directions from a person other than a parent.
- Able to “separate” from a parent and remain on the ice for the 45 mins session.
- Skates that fit properly and support ankles. Hockey skates or figure skates are the best options. **Adjustable skates do not provide the needed support.**
- The ability to walk on the floor with reasonable straight ankles while wearing skates.

What is happening on the Ice?

Our Head Coach will provide instruction with support of our trained program assistants who will reinforce instruction, lead activities and perform various tasks as needed by the coach. Each session consist of the following portions:

- ✓ Warm up
- ✓ Lesson time (skill review, new skills, practice time)
- ✓ Group activities (creative expression/skill development, games/action songs)
- ✓ Cool down

Skaters are grouped according to previous badges earned, general skating ability or their age as appropriate. Evaluations will be the responsibility of the Head Coach and will be ongoing. Skaters will receive a report card and badges at the end for their accomplishments.

If you have any questions regarding a skater or the program, please contact the Head Coach or any Executive Member. They will gladly discuss your concerns.

Pre-Canskate Parent & Tot

Will run during regular canskate times.

STARSkate

SunGro Beausejour

Friday	Group	5:00-6:00 pm
	Private	6-7:15 p.m.
Sunday	Private	9:30-10:30
	Group	11:15-12:45

Please contact our club if you have a child interested in figure skating as there are many options available!

Skills, Tests, Achievement, Recognition – this is what STAR is all about!

STAR offers opportunities for skaters of ALL ages to develop fundamental figure skating skills in the areas of ice dance, skating skills, free skate and artistic skating. Skaters have the opportunity to take Skate Canada tests through a nationally standardized testing system.

Star Group - This program is for skaters who have advanced from the CanSkate program and who are continuing their skating journey in the Skate Canada STAR program. * **Group STARSkate is training with two coaches as a group for the entire session, and coaching fees are included in the price.**

Should skaters choose to enter competitions, the coach will bill each skater individually for any coaching/mileage incurred at such events (coaching is over and above the regular class coaching). Fees would be payable directly to the coach.

****Private STARskate fees are ICE ONLY and coaching fees are billed by and paid directly to the coach. [Any coaching for private ice time must be arranged directly with the coach and is dependent on their availability.](#) ****

STAR 1 – 5

It takes time for skaters to develop the skills necessary at each level. The STAR 1 – 5 program is designed to allow skaters to be recognized for achievements at various stages.

Skaters will train in skills, dance, freeskate and artistic disciplines. Skaters will have the opportunity to take tests and attend competitions. The skater's coach will advise on the readiness of a skater for tests and the tests are assessed by the skater's coach.

Skate Canada test fees are \$12 per test.

	SKILLS	FREESKATE		DANCE
STAR 1	Edges, Turns, Field Move, Stroking	Elements		STAR 1: Elements
STAR 2	Edges, Turns	Elements	Program: STAR 2 Event requirements	STAR 2a: Dutch Waltz STAR 2b: Canasta Tango
STAR 3	Field Move, Stroking	Elements	Program: STAR 3 Event requirements	STAR 3a: Baby Blues STAR 3b: Elements
STAR 4	Edges, Turns	Elements	Program: STAR 4 Event requirements	STAR 4a: Swing Dance STAR 4b: Fiesta Tango
STAR 5	Field Move, Stroking	Elements	Program: STAR 5 event requirements	STAR 5a: Willow Waltz (M & F) STAR 5b: Elements
	5 assessments	5 assessments	4 assessments	9 assessments
	Total of 23 assessments (spanning LEARN TO TRAIN: Stage 6 to double jumps)			

Refunds: For CanSkate and Pre-CanSkate Parent & Tot – The Beausejour Skating Club offers a two-week trial period to decide if your child is ready for either program. If participants are withdrawn from either program within two weeks of starting, a full refund, minus the non-refundable Skate Canada membership fee, will be issued. **For all other Skating Programs** – Prorated refunds for medical reasons will be issued (minus the non-refundable Skate Canada membership fee) and will require a medical note.

Coaching

All of our Skate Canada Programs are coached by NCCP Certified Coaches. The Canskate Program is greatly facilitated with the help of trained, volunteer Program Assistants. Our Club coaches this year will Sarah and Sybil who coach CanSkate and group STARSkate. There could also be other Professional Coaches on the ice who give private lessons.

Coaching Privileges

The BSC Executive authorizes the coach's ice privileges and no coach can offer services at the club without approval. Such approval may be refused or revoked if the coaches violate Skate Canada rules and/or their conduct is contrary to club policies or brings into disrepute the image of the club.

Fundraising

Each skater is required to submit a \$100 fundraising bond upon registration (to a max of 2 bonds per family). If the fundraising requirement is met, you will be reimbursed for this bond. The club provides numerous fundraisers throughout the season to assist members in achieving this amount.

If you wish to stay up-to-date with fundraising programs and deadlines, please ensure we have your email address as all information will be sent via email on a regular basis. If you do not have email, please ensure you check the BSC Bulletin Board as well as our website as all club and fundraising information will be posted there regularly.

Volunteering

We ask that all parents volunteer a small amount of time throughout the season to help support some of the events and programs offered through our club. Some of the events you may be asked to assist with are the ice show (March) and the AGM/Windup.

Inclement Weather

*** As of September 26, 2022 the Executive changed our previous BSC weather policy and we no longer follow the Sunrise School Division closure due to inclement weather. ***
If the Sungro Center In Beausejour chooses to close due to weather or other unforeseen events, notification will be posted on the BSC website (www.beausejousskatingclub.com) and the BSC facebook page (<https://www.facebook.com/Beausejour-Skating-Club-2206731549604948/>), and an email will be sent out to all emails on file. If in doubt please feel free to contact our head coach, club president or any other Executive Member.

Rules and Regulations

1. Skaters and parents/guardians agree to maintain a cooperative relationship with skaters, parents/guardians and coaches to ensure a positive skating environment. Bullying, harassment, intimidation, etc. will not be tolerated and inappropriate behavior will result in disciplinary action.
2. Helmets are compulsory for all skaters CanSkate Level 5 and under.
3. Only registered skaters and Coaches/Program Assistants are allowed on the ice during lessons and practice time.
4. No blue jeans are to be worn. We also discourage wearing snow pants as they impair movement. Instead, please dress you skater in layers with nylon splash pants which will allow them the freedom to move.

5. Do not wear long scarves or items that impair the skater's vision. No chunky jewelry is to be worn and no sharp objects in pockets.
6. Get up quickly after falling.
7. Look in the direction you are travelling when skating backwards.
8. Make sure starts and stops are completed a safe distance from the boards. No board crashing.
9. Long hair must be tied back with a soft accessory (to avoid head injuries in case of a fall).
10. No gum or candy on the ice.
11. Dressing rooms must be used for changing and putting on/taking off skates.
12. No TAG, PUSHING, FIGHTING or CURSING on or off the ice.
13. Your child will be told to leave the ice if they choose to disregard the rules during a skating session. It is not the responsibility of the Coach/Program Assistants to discipline the skaters.

Parent Responsibilities and Expectations:

- Learn about your skaters' program and how it operates.
- Join our Facebook page and stay current with club updates and information.
- Check out our bulletin board in the Sungro Lobby for information also.
- Arrive 15 minutes prior to the start of your ice session and ensure younger children use restrooms prior to entering the ice. This will help to avoid lesson disruption.
- Ensure skaters are wearing proper clothing and skates/equipment.
- Have a parent or designated guardian at the arena during sessions.
- Do not "drop and go"; a responsible adult must be present in the arena.
- Parents are not allowed on the ice-surface or in the players box during lesson times - unless they are acting in an official club capacity. Parents are not insured by Skate Canada. Parents must move to either the lobby, stands, or around the walking trail after their child is safely in the box or on the ice surface for their lesson.

~Volunteers are not paid – not because they are worthless, but because they are priceless~

~Volunteers do not necessarily have the time; they just have the heart~

A Final message to all skaters and club members.... HAVE FUN!!!

